

**RENDEZVOUS WITH THERAPY:
Psychoanalysis and the Movies**

**Learning Unlimited
Winter 2015 Lecture Series**

Tuesdays, January 6 to March 10, 2015, 10:00 A.M. to 12 Noon
Fairfield Seniors' Centre, 80 Lothian Avenue, Etobicoke, 416-410-6204
www.learningunlimitedetobicoke.com

The course examines how and why psychotherapy has tended to be watered down when it is directly explored in film, and how the essence of psychotherapy comes best out of psychological drama.

- January 6** **The Talking Cure:** An introduction to the theme of psychoanalysis as it applies to the movies – *A Dangerous Method - Pressure Point*
- January 13** **The Magic Shadows:** One of the early pioneers of cinema, George Milies, recognized that movies were waking dreams – *A trip to the Moon – other Melies shorts*
- January 20** **Surrealism and the Unconscious:** When it was literally depicted on screen, the process of psychotherapy was often skirted. The Surrealists who saw movies as waking dreams were more forthright – *Un Chien Andalou – The Cabinet of Dr. Caligari – Nosferatu – Pandora's Box – M*
- January 27** **The Uncanny:** The Hollywood B-Movie producer, Val Lewton, furthered the process begun by the Surrealists, of delving into the unconscious – *Cat People – I Walked with a Zombie – The Leopard Man – Curse of the Cat People*
- February 3** **Eroticism and the Movies:** A look at eroticism and its relationship to the unconscious in film – *Henry and June – Ecstasy – L'Atalante – Persona- Weekend- The Unbearable Lightness of Being – Out of Sight*
- February 10** **Alfred Hitchcock and Voyeurism:** An examination of how Alfred Hitchcock uses our voyeuristic attraction to cinema to implicate us in psychological drama – *High Anxiety – Spellbound- Psycho- The Birds*
- February 17** **Shock and Terror:** A look at how the psychotherapy of Freud was abandoned for behavioural shock therapy and how this created a fear of therapy soon depicted in the movies - *The Silence of the Lambs – The Snake Pit – Shock Corridor – Shutter Island*
- February 24** **The Scourge of Conformity:** After World War II, as psychotherapy turned to behavioural therapy, there was a strong backlash against its capacity to make people conform – *King's Row – Cool Hand Luke – One Flew Over the Cuckoo's Nest*
- March 3** **The Shadow World of David Lynch:** Picking up where the Surrealists left off, film director David Lynch took us into the shadow world of the unconscious, and cast light on the psychopathology of everyday life – *Eraserhead – The Elephant Man – Blue Velvet- Mulholland Drive*
- March 10** **Therapy and Freedom:** We look at therapy, daily neuroses, as well as the stigma of mental illness, and how contemporary movies address this – *Analyze This – Me, Myself and Irene – Semi-tough – Smile – Mr. Jealousy – Raising Cain – Copycat – Take Shelter – Temple Grandin – What's Eating Gilbert Grape? – The Aviator*

Coordinator and Presenter: Kevin Courrier
Researcher and Chair: Sybil Wilkinson

Registration: \$35.00 per person, per series